# Subscription Audit Worksheet

List every subscription, then decide: keep, pause or cancel.

| Service | Price | Monthly / yearly | Renews on | Last used | Yearly cost | Keep / pause / cancel |
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**How to use it**

- Check your bank and card statements for the last 2 months, plus Settings › Apple ID › Subscriptions on iPhone.
- Yearly cost: monthly price × 12. A $9.99 plan is $119.88 a year.
- Anything not used in 30 days goes in the "pause or cancel" column.




**MoneyShield, free on the App Store. Scan the code to get it.**

MoneyShield keeps every subscription and renewal date in one list and helps you decide which ones are still worth it.