Weekly Medication Chart

One tick per dose. Keep it on the fridge so everyone can see what has been taken.

Medicine	Dose	Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun

How to use it

- Copy the medicine name, dose and times exactly as they appear on the label.
- Tick the box when the dose is taken, not when it is put out.
- Bring the chart to appointments. It answers "are you taking it?" instantly.



DoseBeacon, free on the App Store. Scan the code to get it.

DoseBeacon sends large-text reminders and keeps a shared dose record for the family members you approve.